

## Carleen's Education & Background:

### Carleen's Educational Background:

- ◇ B.Sc. Psychology
- ◇ Over 27 in the Holistic Field
- ◇ Health & Life Coach Certifications
- ◇ Trauma Informed Certificate
- ◇ HeartMath® Certified Practitioner
- ◇ Preventing & Understanding Dementia
- ◇ Introduction to Adverse Childhood Experiences (ACEs) and Early Trauma
- ◇ Advanced Grief Recovery Method Specialist
- ◇ Specialist for Highly Sensitive Persons

*See the full list on her website:  
[www.CarleenRoss.com/education](http://www.CarleenRoss.com/education)*

### Carleen's Art Background:

- ◇ Represented by the Howe Street 331 Art Gallery, since 2018
- ◇ Author of 'Journey to the Sea Turtle'
- ◇ The Robert Bateman Foundation: Connect in Nature Calendar, 2023
- ◇ Art of Nature Collection Calendar, 2021
- ◇ RCMP Heritage Centre purchased her entire series: From Sea to Sea, 2017
- ◇ Imago Mundi Project of Luciano Benetton: Western Canadian Artists, Verona, Italy, 2016
- ◇ Professional Organizations: Federation of Canadian Artists & Artists for Conservation

*See the full list on her website:  
[www.seaturtles.ca/artist-curriculum-vitae](http://www.seaturtles.ca/artist-curriculum-vitae)*

## Testimonies:

- ◇ "Carleen is amazing with the students."
- ◇ "The students had an amazing time."
- ◇ "I want to bring her back every year."

## Personal Development & Presentations:

"Thank you for coming to our school. I think you touched on a lot: life of the different sea turtles, how humans can help them. I would like to have you come back to present to the older grades."

~ A. Tremblay, *Ecole Our Lady of Perpetual Help, Sherwood Park, AB*

"I first worked with Carleen on a personal level, to help me be able to help my students during COVID lockdowns, the changes that were rushing at them and the overwhelming loss that the children were experiencing. What I experienced was insightfulness, caring and information that has impacted my personal and work lives.

Since Carleen's coaching supported me so well, I asked her to do a couple of sessions with the school staff. Again, her quiet, but powerful demeanor, passed on knowledge that has positively impacted many staff members. Her knowledge has allowed us to help our students more effectively and has created a more emotionally open space for the students to discuss their feelings and be able to deal with the constant changes in their lives. Carleen gives immediate tools and strategies that can be used with children, to help them cope with their losses. I now have more confidence in helping my students deal with their losses and emotions."

~ Patricia Arce, *Kirkness School, Edmonton, AB*

"Carleen Ross was professional in all our interactions with her. Her presentation on "How to deal with loss: A practical explanation for the practitioner and the client" was well prepared by Carleen and well received by participants."

~ Reflexology of Canada

**Carleen Ross Artwork  
Presents**

**Art To You**

**An Art Experience brought to you!**



**Book Today!**

780-860-9664  
CarleenCRC@gmail.com  
[www.CarleenRoss.com/Art](http://www.CarleenRoss.com/Art)

Carleen Ross Professional Artwork offers the **Art Experience** to various facilities and schools.

**Art Experiences** are set up for:

- ◇ In-House Field Trips
- ◇ Staff Connection Building
- ◇ Stress Reduction Art
- ◇ Programs to Support the Sensitive Learner – how to inspire students

Within these opportunities Carleen offers a variety of learning opportunities.



### **IN-HOUSE FIELD TRIPS OPTIONS**

**Sloppy Art:**

- ◇ Grades Kindergarten to Grade Two
- ◇ Watercolour, Acrylic & Pinch Pots
- ◇ 1 hour to 1 & ½ Hour in length
- ◇ Priced per student\*



**East Coast Studies:**

- ◇ Grade three to five
- ◇ Watercolour Artwork
- ◇ 1 ½ hour to 2 hours in length
- ◇ Priced per student\*

**Reduce Stress: Neuro Conscious Art:**

- ◇ Grades seven and up
- ◇ Pen & Pencil Crayon
- ◇ 1 ½ hour to 2 hours in length
- ◇ Presentation on stress reduction with breath exercises, healthy habits, and visualizations.
- ◇ Art project that allows the individual to work with creativity to reduce the stresses in their lives.
- ◇ Priced per student\*

**Connecting to Our Oceans** ~ science through the eyes of an artist

- ◇ In this 45-minute classroom presentation Carleen shares the importance of our oceans.
- ◇ Educates the students about the various sea turtles that live within our oceans and our Canadian waters.
- ◇ This presentation supports the science programs for grade seven and creates an inspiring impact on the students, allowing them to realize that all it takes is one person to make a difference to the world around them.
- ◇ This presentation is geared for the grade 7 groups with educational supports, but it can be delivered to various ages and organizations.

- ◇ Depending on the age of the viewers, an art project can be added to this program for additional time and investments.
- ◇ Priced for a presenter fee

*Carleen also designs art programs to fit with the current curriculum, helping to aid and further the classroom experience.*

**Teacher's Personal Development:**

- ◇ Emotionally Support Students with Loss
- ◇ Stress Reduction Practices: How to Create Calm in an Instant

These programs are unique as they:

- ◇ Utilizes Carleen's educational background
- ◇ They focus more on emotional intelligence while bringing in supports from the intellectual and scientific backgrounds
- ◇ Cater to the highly sensitive person (HSP) allowing the participant to learn how to support 100% of the people that they encounter.
- ◇ Bring in practical exercises to use in the moment.
- ◇ Priced by the group not the individual

**For more information and to  
BOOK NOW:**

**780-860-9664  
CarleenCRC@gmail.com**

*\*Minimum fees are set up*